

# Grade 7 Tech 1 Course Outline

2012-2013

Welcome Grade 7 to a course where you get to use your imagination, talents and explore new technologies as well as develop certain life skills. This year you we will cover computer programs that will make you fluent and capable computer users. You will also complete a sewing unit where you will assemble your own stuffed character.

## Health

- 🍎 Define the domains of wellness
- 🍎 Identify ways to improve you own health
- 🍎 Identify needs here at HMS for promoting wellness
- 🍎 Present a way to implement a program here at HMS that will ultimately improve student wellness

## Cyber Smart

- 💻 Computer Function
- 💻 Personal information and privacy

## Microsoft Movie Maker

- 🎥 Continuation of Microsoft Movie Maker
- 🎥 Plan out your project including storyboards
- 🎥 Edit your video project

## Audacity

- 🎧 Introduction to Audacity
- 🎧 Plan your project

## Sewing

- 🧵 You will be introduced to different hand stitches
- 🧵 Learn how to sew on buttons
- 🧵 Stanwood sewing kits

## Microsoft Office

- 🍎 Biography in Word

