

MAX AITKEN K-2 PHYSICAL EDUCATION ACTIVITIES FOR MAY 11TH-15TH (Charade Games)

Complete the activity with a friend or family member. Don't forget to log your daily physical activity time.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
What you are doing today!	I will cooperate with my family member and follow the rules of Charades.	I will make my learning environment fun by using positive words with my family members.	I will take turns with my family member during Animal Charades.	I will demonstrate responsible play by following rules and completing all physical education tasks.	I will follow directions and complete the warm-up, movie charades game and refocus activity.
Today's words	COOPERATION The process of working together for a common goal or outcome.	LEARNING ENVIRONMENT Any physical location where students gain knowledge or skill.	TAKE TURNS When two or more people do or use something alternately.	RESPONSIBILITY The state of having a duty or obligation.	FOLLOW DIRECTIONS To act according to a sequence of instructions in order to reach a goal or finish a task.
Warm-Up Activity	All Star (GoNoodle)	Twist & Shout (GoNoodle)	You Are What You Eat (GoNoodle)	Zap It (GoNoodle)	Banana Banana Meatball (GoNoodle)
Learning Focus Activity	Activity 1: Charade Games Perform the following station: Letter Charades	Activity 2: Charade Games Perform the following station: Word Charades	Activity 3: Charade Games Perform the following station: Animal Charades	Activity 4: Charade Games Perform the following station: Sports Charades	Activity 5: Charade Games Perform the following station: Movie Charades
Daily Movement Activity	DEAM Calendar	DEAM Calendar	DEAM Calendar	DEAM Calendar	DEAM Calendar
Refocus	Live In The Moment (GoNoodle)	Chin Up (GoNoodle)	Live In The Moment (GoNoodle)	Chin Up (GoNoodle)	Live In The Moment (GoNoodle)
Did I log my total activity time?	YES or NO?	YES or NO?	YES or NO?	YES or NO?	YES or NO?
How am I feeling today?	  	  	  	  	  