



## Move your Body for Week 7

### MAA Grades 6-8

**Move your body** for at least 15 minutes each day.

I've been told that last week's Outdoor Challenge/Scavenger Hunt was 'pretty hardcore'!! So for this week, I am going to extend the same challenge. Trees are really starting to come alive, the weather is getting warmer, and it's the perfect time to get out in nature and do some exploring! Remember to take pictures AND let an adult know where you are doing your scavenging...happy snapping! 😊

-Ms Thorne

Here's a link the Scavenger Hunt: [HERE](#)