After-School Activity Options (2:00pm – 3:00pm)

**November 20th – December 20th 2019**

Below you will find the schedule for activities that will be offered for the next session. Activity descriptions are on the back of this page. In advisory, students will choose their top three choices for each day and hand their sheet in to their advisor. On Monday, November 18th, students will receive a confirmation sheet with their activity for each day listed. Students must bring the form home to be signed by a parent, and return it to their advisor on Tuesday, November 19th. This will allow us to make any necessary changes before the next round of activities begins.

Students who have already participated in **cooking** are not able to sign up for cooking again, as we have many students who want to participate and we want to make sure everyone gets a chance. The current CO2 cars groups are staying the same to give those students time to finish their projects.

**November 20th – December 20th**

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Boot Camp (Ms. Perry, Gym) | Student Council (Ms. Perry, Classroom) | Books vs. Film (Mr. Stewart, classroom) | Drawing Basics (Mr. Stewart, classroom) | Floor Hockey (Mrs. Thorne, Gym) |
| Let your creativity shine! (Ms. Richardson, classroom) | MAA Helping Hands Community Club (Ms. Richardson, classroom) | Safe Space (Ms. Bell, classroom) | Boot Camp (Ms. Bell, gym) | Card/Board games (Mr. Murphy, classroom) |
| Let’s go Outside! (Ms. Barrieau, outside) | Let’s go Outside! (Ms. Barrieau, outside) | Yearbook (Ms. Kingston, classroom) | STEM activities (Ms. Kingston, Science Lab) | Crafts (Ms. Campbell, classroom) |
| Help Centre (Ms. Sutherland, classroom) | Help Centre (Ms. Sutherland, classroom) | Lego Engineering (Ms. Stewart, classroom) | STEM activities (Ms. Stewart, Science Lab) | Cooking (Ms. Travis-Mutch, Tech Classroom) |
| Keyboarding (Mr. Dunnett, music room) | CO2 Cars (Ms. Waye, Tech Classroom) | Swampball (Mr. Page/Mrs. Thorne, gym) | CO2 Cars (Ms. Waye, Tech Classroom) |  |
| Drama (Ms. Campbell, Performing Arts room/stage) | Basketball (Mr. Murphy, gym) | Cooking (Ms. Travis-Mutch, Tech Classroom) | Drama (Ms. Campbell, Stage) |  |
|  |  |  |  |  |
| Going home at 2:00pm | Going home at 2:00pm | Going home at 2:00pm | Going home at 2:00pm | Going home at 2:00pm |

**Activity Descriptions:**

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| **Help Centre**: Get help with classwork or homework, work with a partner on a project, work on homework independently, or get caught up on work that is overdue. Some students may be required to attend this activity if they have overdue assignments. | **Let your Creativity Shine!**: If you love to draw, colour, paint or create artistically this activity is for you. Sketch, paint on canvas and windows, colour using a variety of pictures, or use technology to learn how to draw something in particular.  Students may also work on producing their products for the market. | **Let’s Go Outside!** : Run, walk, snowshoe, build a snowman, breathe...outside!  Students in this group will need to bring snow pants, hats, mitts, boots and winter jackets to participate. |
| **Safe Space:** If you are interested in learning more about creating an inclusive school for LGBTQ2SIA+ students and staff or need a place where you will feel accepted and supported, this is the activity for you. | **Gym Activities:** participate in a variety of indoor and outdoor gym games and activities. Activities will change every week, but the idea is to have fun and be active! | **Bootcamp**: Offers students the chance to participate in high intensity interval training. This fun way of being active and staying fit requires lots of energy, but can be adapted to suit all fitness levels. Students are asked to bring gym clothes and sneakers as well as water bottles! |
| **Yearbook:** This group is putting together MAA’s 2019-20 yearbook. This activity is only open to students who have already been in Yearbook for the first session. | **Cooking**: Put your culinary skills to use in the kitchen, trying a variety of recipes and making yummy samples to bring home. | **CO2 Cars**: Design, build, decorate and race your own CO2 powered car! These two groups will be for the students who are currently in a CO2 car group. |
| **Basketball:** Come shoot some hoops with your friends. Teams will change each week. It’s a chance to work on you basketball skills in a fun and non-competitive environment. | **Drama:** Our middle school drama club will be presenting a holiday-themed play this year. Rehearsals will continue with our existing cast. | **Drawing Basics:** learn the basics of how to draw or bring your sketchbook and work on your own artwork. Beginners welcome! |
| **STEM activites:** Experiment, Explore and Discover! Participate in a range of STEM activities in the science lab. Something new every week! | **Card/Board Games**: Come play card games or UNO, scrabble, monopoly, chess, or a variety of other board games. You can bring a game from home or play one that we have at school. No devices or electronics. | **Floor Hockey:** Finish up the week with our Fun Friday Floor Hockey League. |
| **Student Council**: students who have been elected as their class rep or as part of the executive will meet to plan student council activities and theme weeks. | **Keyboarding:**Students can channel their inner Beethoven by exploring music through learning the piano. All levels welcome! | **Crafts**: Make a different Christmas Craft each week! Materials will be provided. |
| **Books vs. Film:** Do you love movies? Each week we will look at the differences between a film and a book and discuss. Alice in Wonderland, Charlie and the Chocolate Factory, and the Hobbit  are a few of the movies we will be looking at. | **Swampball:** Come play this gym class favourite for a fun way to end your day! | **Lego Engineering:** try out different engineering challenges each week using lego to build different structures. Work creatively as part of a team to build the best structure that fits the requirements! |