



2023-2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEF'S TABLE	Chicken Snack Wrap & Garden Salad	Spaghetti with Meat Sauce & Caesar Salad	Chicken & Cheese Quesadilla with Mexican Rice	Beef, Tomato, Macaroni Casserole with Garlic Bread Stick	BBQ Chicken Drumstick, Mashed Potato & Corn
WEEK 1	served with fruit & choice of milk or juice \$6.75	served with fruit & choice of milk or juice \$6.75	served with fruit & choice of milk or juice \$6.75	served with fruit & choice of milk or juice \$6.75	served with fruit & choice of milk or juice \$6.75
WEEK 2	Hamburger & Roasted Potato Wedges	Grilled Cheese Sandwich & Tomato soup	Classic Lasagna & Caesar Salad	Shepherds Pie Bowl with Steamed Carrots	Sweet & Sour Chicken with Stirfried Veggies & Rice
Daily Alternate Meal Week 1 and 2	Mac 'n Cheese with Veggies & Dip	Soft Beef Taco with Mexican Rice	Cheese Pizza Slice with Veggies	Chicken Fingers, Potato Wedges and Veggies & Dip	Pancakes with Grilled Ham & Syrup
	served with fruit & choice of milk or juice \$6.75	served with fruit & choice of milk or juice \$6.75	served with fruit & choice of milk or juice \$6.75	served with fruit & choice of milk or juice \$6.75	served with fruit & choice of milk or juice \$6.75
September 6-8 September 19-22 October 3-7 October 17-21 October 31 - Nov 4 November 14-18 Nov 28 - Dec 2	WEEK 1 DATES December 12 - 16 December 26 - 30 January 9 - 13 January 23 - 27 February 6 - 10 February 20 - 24 March 6 - 10	March 20 - 24 April 3 - 7 April 17 - 21 May 1 - 5 May 15 - 19 May 29 - June 2 June 12 - 16	September 12 - 16 September 26 - 30 October 10 - 14 October 24 - 28 November 7 - 11 November 21 - 25 December 5 - 9	WEEK 2 DATES December 19 - 23 January 2 - 6 January 16 - 20 January 30 - February 3 February 13 - 17 February 27 - March 3 March 13 - 17	March 27 - 31 April 10 - 14 April 24 - 28 May 8 - 12 May 22 - 26 June 5 - 9 June 19 - 23

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eat. learn. live.



GRAB & GO

Fresh Fruit 4oz	\$3.00
4oz Grapes	\$2.00
Chips	\$2.00
Fresh Fruit 2oz	\$1.50
Vegetables and ranch	\$2.25



SANDWICH

Ham & Cheese	\$4.50
Egg	\$4.50
Chicken Caesar Wrap	\$6.25
Chicken Snack Wrap	\$4.00



SALAD

Taco Salad	\$5.50
Garden Salad	\$4.75
Caesar Salad	\$4.75



PIZZA

Pizza Slice	\$4.30
Garlic Slice	\$4.75



GRILL

Daily Special	\$6.75
Grilled Cheese Sandwich	\$4.25
Nuggets (4)	\$4.00
Nuggets (6)	\$5.00
Hamburger	\$4.50
Cheeseburger	\$5.25
Chicken Burger	\$5.00
Potato Wedges/Fries	\$3.50



BAKERY

Cookie	\$1.00
Cheesy garlic Bread Stick	\$2.00
Muffin	\$1.40
Fortune Cookie	\$0.25
Cinnamon Rolls Mon-Wed-Fri	\$2.00
Brownies Tue & Thurs.	\$2.00



BEVERAGES

250ml White Milk	\$0.65
250ml Chocolate Milk	\$0.65
Juice Box	\$1.45
Juice Bottle	\$2.25
ICEE Slush Cup	\$1.75
Frozen Yogurt	\$1.75
Water 500ml	\$1.75

Menus at your Fingertips!

Easy ordering on the go!

- Pre-Order & Pre-Pay (Visa, Mastercard or Visa Debit)
- Order Monthly, Weekly or Daily before 8am
- Healthy, balanced meal choices
- Contactless
- Cancel meals in advance for a full refund right from your order history

Any questions please call the cafeteria at 506-623-4656.

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